



## **Spirit Bear Center programs will include:**

- ⇒ Education (K-12)
- ⇒ Sewing classes
- ⇒ Social enterprise
- ⇒ Agricultural endeavors (including crops, gardens and animals)
- ⇒ Individual Treatment Plans
- ⇒ Individual and Family Counselling
- ⇒ Employment Skills Training
- ⇒ Therapeutic and Life Skills Training
- ⇒ Bridging the Gap
- ⇒ Pow Wow Dancing
- ⇒ Community service

## **What Is Chemical Dependency?**

Chemical dependency is the state of being addicted to any mood altering substance such as alcohol, cocaine and prescription drugs. It is a condition which affects the mind, body and spirit. The chemically dependent woman can rarely conquer her overwhelming compulsion to misuse mind altering substances without help.

## **Admission Criteria**

- ⇒ 13-18 years of age
- ⇒ Have substance misuse or a history of abuse as the primary diagnosis
- ⇒ Willing and able to attend all aspects of the program
- ⇒ Willing to commit to completing the one year program

## **REFERRALS MADE BY**

Ministry of Children and Family Development  
and  
Xyolhemeylh

## **Future Plans include:**

- ⇒ A dog training program
  - ⇒ A culinary arts program
  - ⇒ A licensed fish processing plant
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Spirit Bear Center is a 10 bed transition house, located in Abbotsford, for young women (13-18). The shelter/center is a unique, first-of-its-kind rural Youth Rehabilitation Center in the Lower Mainland.



Spirit Bear Center Society is a non-profit Charitable Society. We believe that youth have the right to live safe, healthy, and positive lives away from negative influences. We envision our center as a place for young women to come and experience positive changes in their lives; a place to help fulfill the social, educational, spiritual, recreational, and artistic needs of the Native youth community.

Spirit Bear Center provides a one-year program, for young women ages 13-18 suffering from dependency on drugs, alcohol and the effects of physical and sexual abuse, as an alternative to living on the streets and suicide. We want to demonstrate to youth that they are cared for, and have a safe place for shelter and emergencies, on a short-term and long-term basis.

We believe that individuals can and will become responsible for their own recovery when given the proper level and quality of treatment.

Our programs and resources are culturally designed to offer counselling, health services, education, employment and life skills training which will build self confidence, leadership and a spirit of independence.

We invite you to participate in making this youth-driven solution a reality and a success.

All donations are gratefully acknowledged. If you would like to make a contribution, please send your tax deductible donation payable to:

**Spirit Bear Center Society**

**P.O. Box 2548**

**Abbotsford, BC V2T 6R3**

Charitable Registration Number: 84504 4148 RR0001



**Spirit Bear Center Society**

**Building confidence, leadership  
and independence among  
Aboriginal Young Women**

A Residential Treatment and  
Rehabilitation Center/Shelter  
*for*

Abused and/or Chemically  
Dependent Young Women  
13-18 years of age

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